



**Food supplement based on Amaranth, Fenugreek, Berberis and Folic acid, Vitamins B6 and B12 to support normal cholesterol and triglycmetabolism, normal circulatory function.**

#### **WHAT DOES IMOpro CHOLEQUIL™ CONTAIN?**

Bergamot (*Citrus x bergamia* Risso & Poit., fruit) dry extr. D/E 4:1; Bulking agents: Calcium phosphates, Cellulose, Hydroxypropylcellulose; Berberine 85% from *Berberis aristata* DC; Fenugreek (*Trigonella foenum-graecum* L., seed) dry extr. D/E 4:1; AmaChol® (*Amaranthus caudatus*, seed); Red yeast rice (*Monascus Purpureus*, titr. 5% monacolin K) 2.99 mg; Moradyn® (*Zea mays* L., fruits) dry extr. titr.3% anthocyanins and 10% polyphenols; Anti-caking agents: Cross-linked sodium carboxymethylcellulose, Silicon dioxide, Magnesium salts of fatty acids; Coenzyme Q10; Policosanol 90% (5% octacosanol); Astaxanthin 5%; Vitamin B6 (Pyridoxine hydrochloride); Folic acid (Pteroylmonoglutamic acid); Chromium picolinate; Vitamin B12 (Cyanocobalamin).

#### **WHAT ARE THE PROPERTIES OF IMOpro CHOLEQUIL™?**

**IMOpro CHOLEQUIL™** is an **AmaChol®** and **Fenugreek** based food supplement helping regulate cholesterol and triglycerides metabolism. **Folic acid, Vitamin B6 and B12** all contribute to normal functioning of cysteine and homocysteine metabolism. Vitamin B6 also contributes to hormonal activity regulation. **Berberis** supports regular cardiovascular system functions.

#### **HOW SHOULD IMOpro CHOLEQUIL™ BE TAKEN?**

The recommended dose is 1 tablet per day, swallow with a little water at room temperature before going to bed. If you have swallowing problems, break the tablet into two parts and take them with a glass of water.

#### **WHO IS IMOpro CHOLEQUIL™ USEFUL FOR?**

**IMOpro CHOLEQUIL™**, thanks to its balanced formulation, is a valuable aid for **adults** (aged between 18 and 70) who wish to modulate and/or restore normal cholesterol and triglyceride levels in the blood. **IMOpro CHOLEQUIL™** can help in cases of: sedentary lifestyle, poor diet, overweight or obesity and for people predisposed to risk factors such as heredity and smoking. In addition, because of the origin of its components, **IMOpro CHOLEQUIL™** can be taken as part of a **vegetarian or vegan** diet.

#### **IS IMOpro CHOLEQUIL™ WELL TOLERATED?**

**IMOpro CHOLEQUIL™** is well tolerated it doesn't contain preservatives, no colouring agents and is gluten-free. It is also naturally lactose-free.

#### **HOW CAN I STORE IMOpro CHOLEQUIL™?**

Store at room temperature in a cool, dry place. Avoid exposure to localised heat sources, sunlight and contact with water.

**WARNINGS:** • Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. • Keep the product out of the reach of young children • Do not exceed the stated recommended daily dose • The "Best Before End" date applies to the correctly stored and unopened product • This product should not be taken by pregnant or lactating women, children below 18 years old and adults above 70 years old • Seek advice from a doctor on consumption of this product if you experience any health problems • This product should not be taken if you are taking cholesterol-lowering medication • This product should not be taken if you are already consuming other products containing red yeast rice.

#### **CHOLESTEROL AND TRIGLYCERIDES: WHAT THEY ARE, THEIR VALUES AND RISK FACTORS**

High cholesterol and triglycerides levels are extremely common clinical conditions and they should be properly addressed in order to avoid undesirable worsening effects.

Cholesterol and triglycerides are fatty acids, produced by the liver and so it is normal to find them in the body at healthy levels.

However, since these fatty acids do not carry out essential body functions, their blood concentration levels should not become too high.

Cholesterol is typically associated with three main indicators:

- Good cholesterol, also known as HDL, is transported by a series of lipoproteins from the peripheral areas of the body to those organs that either utilize it or get rid of it. The reason it's referred to as 'good', is because of its protective role against diseases, such as atherosclerosis.
- Bad cholesterol, abbreviated as LDL, also is transported by lipoproteins towards the cells. However, if its levels increase, these proteins have the dangerous potential to modify themselves structurally, stacking up along the artery walls causing the formation of atherosclerotic plaques or thrombi. It is precisely for this, it is referred to as 'bad'.
- Triglycerides make up the third and largest part of lipids and food fats, constituting the main components of the adipose tissue. Such food-ingested fats get broken-down by bile and pancreatic lipases so as to be later absorbed in the intestine.

When should we consider these indicator values too high?

Total cholesterol: exceeds 200 mg/dl;

LDL cholesterol: exceeds 130 mg/dl for low cardiovascular risk individuals, but for high risk exceeds 100;

HDL cholesterol: drops below 50 mg/dl;

Triglycerides: exceeds 200 mg/dl;

21% of men and 23% of women in Italy are considered hypercholesterolemic. A larger percentage, 37% and 34% respectively, have borderline cholesterol levels fluctuating in and around 200 and 239 mg/dl. It is therefore highly advisable such people keep track of their cholesterol levels, via a simple blood test, especially if they also have underlying risk factors such as genetic predispositions (heredity) as well as diabetes and smoke.

A poor diet, sedentariness, being overweight and/or obese all can adversely influence blood cholesterol levels. It is recommended to avoid fatty foods and alcohol and follow a healthy diet.

Also as a preventive measure, it is always a good idea to consult your doctor or pharmacist who, whenever necessary may suggest periodic blood tests to evaluate and prevent long-term cardiovascular problems.

Other IMOpro line products also available:

**IMOpro CARTILAGO** food supplement with Boswellia, Vitamin C, Manganese and Copper to **support joint function. Antioxidant.**

**IMOpro COLOSTRUM Plus** Bovine colostrum and Vitamins based food **supporting immune system.**

**IMOpro DETODRAIN** plant based food supplement with **purifying, detoxifying and body liquid draining functions.**

**IMOpro DONNA** typed Probiotics, Inulin, Vitamin B6, Selenium and Bilberry based food supplement **supporting women's gastrointestinal and urogenital well-being.**

**IMOpro ENTERO** typed Probiotics, Inulin, FOS, Vitamin B2 and Mallow based food supplement **supporting gastrointestinal well-being.**

**IMOpro GLYCEQUIL** food supplement based on Moradyn®, Gymnema, Zinc and Chromium. **Maintenance of normal blood glucose levels and macronutrient metabolism.**

**IMOpro FERRUM Boost** Iron food supplement with Lactoferrin, Vitamins and Minerals. Iron absorption. Cognitive function. **Immune system. Energy metabolism. Tiredness and fatigue. Antioxidant.**

**IMOpro 3MAGNESIA** food supplement high in Magnesium, Zinc, Vitamin B6 and D3 aiding the **proper functioning of the nervous and muscular systems and energy metabolism helping reduce tiredness and fatigue.** With Inulin.

**IMOpro NATURPHRASIA** medical device for ophthalmic use based on distilled Bilberry, Hamamelis, Chamomile and Euphrasia water.

With Hyaluronic Acid. Thanks to its qualitative-quantitative composition, **IMOpro NATURPHRASIA** is indicated **to moisturize, hydrate, lubricate, refresh and soothe various ocular discomforts.**



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