



Iron food supplement with Lactoferrin, Vitamins and Minerals. Iron absorption. Cognitive function. Immune system. Energy metabolism. Tiredness and fatigue. Antioxidant.

WHAT DOES IMOpro FERRUM Boost CONTAIN?

Sweetener: Xylitol, Stevia; Ferric diphosphate (SunActive® Fe); Acerola (*Malpighia glabra* L., fruit) titrated 50% in Vitamin C; Chlorella (*Chlorella pyrenoidosa* H.Chick, thallus); Lactoferrin; Cupric gluconate; Quatrefolic® (6S)-5 methyltetrahydrofolic acid, glucosamine salt; Vitamin B6 (Pyridoxine hydrochloride); Vitamin B12 (Cyanocobalamin); Acid: Citric acid; Orange aroma; Lemon fresh aroma; Anti-caking agent: Silicon dioxide.

WHAT ARE THE PROPERTIES OF IMOpro FERRUM Boost?

IMOpro FERRUM Boost is a food supplement based on Iron (SunActive® Fe) **with added Lactoferrin, Copper, Folic Acid (Quatrefolic®) and Vitamins C, B6, B12.**

Iron contributes to normal cognitive function, energy-yielding metabolism (as well as vitamin C, B6, B12 and copper), formation of red blood cells and haemoglobin, oxygen transport in the body, function of the immune system (also supported by vitamin C, B6, B12, copper, folic acid), reduction of tiredness and fatigue (together with vitamin C, B6, B12, folic acid) and has a role in the process of cell division. **Vitamin C, B6, B12 and Copper** contribute to the normal functioning of the nervous system. **Vitamin C and Copper** respectively increases iron absorption and contributes to its transport in the body. **Folic Acid and Vitamins B6 and B12** contribute to normal blood formation and red blood cell formation.

HOW SHOULD IMOpro FERRUM Boost BE TAKEN?

1 stick daily, to be taken directly as it is or dissolved in a glass of water. Preferably far from meals.

WHO IS IMOpro FERRUM Boost USEFUL FOR?

IMOpro FERRUM Boost, thanks to its balanced formula, is a suitable support for **anyone requiring an iron boost**; it is particularly useful in specific cases such as: **growth development of children and adolescents, women in their childbearing years, pregnant and lactating women, sportspeople and convalescing individuals.**

IMOpro FERRUM Boost is suitable for **vegetarian** diets.

IS IMOpro FERRUM Boost WELL TOLERATED?

IMOpro FERRUM Boost is well tolerated it doesn't contain preservatives, no colouring agents and is gluten-free

HOW CAN I STORE IMOpro FERRUM Boost?

Store at room temperature, in a cool and dry place. Avoid exposure to heat sources, sunlight and contact with water.

WARNINGS: Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle • Keep the product out of the reach of young children • Do not exceed the stated recommended daily dose • The "Best Before End" date applies to the correctly stored and unopened product.

WHAT IS SIDEROPEMIC ANAEMIA AND HOW TO GO ABOUT AVOIDING IT

Iron deficiency anaemia is the most common form of anaemia. It is also called sideropenic anaemia, deriving from Latin *sideros* means iron and *penia* means lacking or martial anaemia. A condition where there are inadequate levels of iron circulating throughout the body, thus compromising the transport of oxygen within the blood causing, among other things, fatigue and shortness of breath. A lack of iron, caused by a poor diet, problems with absorption or blood loss, produces insufficient haemoglobins resulting in poor circulation of oxygen throughout the body. It affects all age groups, but mainly children, adolescents, women of childbearing age, pregnant and lactating women. To avoid sideropenic anaemia, prevention is vital. Adhering to a varied diet that integrates iron rich foods such as red meat, pork, green leafed vegetables, nuts, chicken, seafood, beans is necessary. They can also be combined with Vitamin C rich foods in order to improve iron absorption. Particular attention should be paid to children, pregnant and lactating women. Lactoferrin is part of the transferrin family but, unlike transferrin, it is a bilobed protein. It is able to chelate with high affinity two Fe³⁺ ions and plays a key role in iron metabolism, transporting it in the blood with a capacity twice that of transferrin. In states of anaemia, Lactoferrin restores the function of ferroportin, a transmembrane protein that transports iron from inside to outside the enterocyte, via the modulation of the synthesis of hepcidin, a peptide hormone produced by the liver that inhibits ferroportin. Ultimately, Lactoferrin regulates systemic iron availability.

Other IMOpro line products also available:

IMOpro CARTILAGO food supplement with Boswellia, Vitamin C, Manganese and Copper to **support joint function. Antioxidant.**

IMOpro CHOLEQUIL food supplement with Amaranth, Fenugreek, Berberis and Folic acid, Vitamins B6 and B12. **Normal cholesterol and triglyceride metabolism, circulatory system function.**

IMOpro COLOSTRUM Plus Bovine colostrum and Vitamins based food **supporting immune system.**

IMOpro DETODRAIN plant based food supplement with **purifying, detoxifying and body liquid draining functions.**

IMOpro DONNA typed Probiotics, Inulin, Vitamin B6, Selenium and Bilberry based food supplement **supporting women's gastrointestinal and urogenital well-being.**

IMOpro ENTERO typed Probiotics, Inulin, FOS, Vitamin B2 and Mallow based food supplement **supporting gastrointestinal well-being.**

IMOpro GLYCEQUIL food supplement based on Moradry®, Gymnema, Zinc and Chromium. **Maintenance of normal blood glucose levels and macronutrient metabolism.**

IMOpro 3MAGNESIA food supplement high in Magnesium, Zinc, Vitamin B6 and D3 aiding the **proper functioning of the nervous and muscular systems and energy metabolism helping reduce tiredness and fatigue.** With Inulin.

IMOpro NATURPHRASIA medical device for ophthalmic use based on distilled Bilberry, Hamamelis, Chamomile and Euphrasia water.

With Hyaluronic Acid. Thanks to its qualitative-quantitative composition, **IMOpro NATURPHRASIA** is indicated to **moisturize, hydrate, lubricate, refresh and soothe various ocular discomforts.**



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