



IMOpro GLYCEQUIL

**Food supplement based on Moradyn® (Zea mays), Gymnema, Zinc e Chrome.
Maintenance of normal blood glucose levels and macronutrient metabolism.**

WHAT DOES IMOpro GLYCEQUIL CONTAIN?

Gymnema (*Gymnema sylvestri* (Retz) R. Br., leaves) dry extr. titr. 25% gymnemic acids; Moradyn® (*Zea mays* L., fruits) dry extr. titr. 3% anthocyanins and 10% polyphenols; Bulking agents: Microcrystalline cellulose, Calcium phosphates; Zinc oxide; Anti-caking agents: Silicon dioxide, Magnesium salts of fatty acids; Chromium picolinate.

WHAT ARE THE PROPERTIES OF IMOpro GLYCEQUIL?

IMOpro GLYCEQUIL is a food supplement with **Gymnema**, supporting **normal carbohydrate and lipid metabolism** and **helping to reduce food cravings**. **Chromium** helps maintain normal blood glucose levels. **Zinc** contributes to normal carbohydrate metabolism and helps protect cells from oxidative stress. Both **Zinc** and **Chromium** contribute to normal macronutrient metabolism.

HOW SHOULD IMOpro GLYCEQUIL BE TAKEN?

Adults: 1 or 2 tablets per day, swallow with a little water before main meals.

Children (3+ years) and adolescents: 1 tablet per day.

WHO IS IMOpro GLYCEQUIL USEFUL FOR?

Thanks to its balanced formulation IMOpro GLYCEQUIL, is a valuable support for **adults, adolescents** and **children** wanting to maintain and/or restore **normal blood glucose levels**. IMOpro GLYCEQUIL is an ideal help for people with a sedentary lifestyle, unhealthy diets rich in saturated fats and simple sugars, and overweight or obese people.

IMOpro GLYCEQUIL is suitable for **vegan** or **vegetarian** diets.

IS IMOpro GLYCEQUIL WELL TOLERATED?

IMOpro GLYCEQUIL appears to be well tolerated. Free of preservatives, colourings, gluten free, naturally lactose-free.

HOW CAN I STORE IMOpro GLYCEQUIL?

Store at room temperature in a cool, dry place. Avoid exposure to localised heat sources, sunlight and contact with water.

WARNINGS:

Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep the product out of the reach of young children. Do not exceed the stated recommended daily dose. The "Best Before End" date applies to the correctly stored and unopened product.

GLUCOSE METABOLISM: THE ROLE NUTRIENTS PLAY AND IMPORTANCE OF HAVING A CORRECT BALANCE

Nutrients are the building blocks of human metabolism. Every single one plays a specific role in the organism, aiding growth, recovery and defence against diseases. They are divided into two categories: macronutrients and micronutrients. The first group includes carbohydrates, proteins, fats, water, which are all essential for optimal health and alcohol. The second group includes vitamins and minerals. Carbohydrates are made up of one or more sugar units, and are classified according to the number of sugar units forming that particular molecule. Glucose, fructose and galactose are examples of single unit sugars, commonly known as monosaccharides. Double sugar units are called disaccharides, the most commonly known ones being sucrose (table sugar) and lactose (milk sugar). Monosaccharides and disaccharides are usually called simple carbohydrates.

Glucose (sugars) is the energy source for muscles and the brain, but when its level increases in the bloodstream, it results in hyperglycaemia.

It may be temporary and therefore not a major cause for alarm, but should definitely be monitored on a periodic basis. If overlooked, it can easily lead to diabetes, a metabolic disease associated with an elevated risk of cardiovascular complications.

Normal blood glucose levels on an empty stomach are between 80 and 100 mg/dl. If blood glucose levels exceed this range we may have two different clinical situations:

- Pre-diabetes with glycaemia on an empty stomach ranging between 100 and 125 mg/dl.

- Altered glucose tolerance with post-prandial glycaemia, 1 hour after a meal, between 140 and 200 mg/dl.

Little physical activity, a diet lacking in fruit and vegetables, being overweight or obese, might trigger elevated blood glucose values. Such elevated blood glucose levels are rather common amongst people over 45 years of age, who are overweight, with a sedentary lifestyle and a family history of diabetes and fail to get enough exercise. A key factor in the onset of hyperglycaemia, is often linked with being overweight or obese, especially when it comes to excess abdominal fat, and having a poor diet, rich in saturated fats and simple sugars (carbohydrates).

Other IMOpro line products also available:

IMOpro CARTILAGO food supplement with Boswellia, Vitamin C, Manganese and Copper to **support joint function. Antioxidant.**

IMOpro CHOLEQUIL food supplement with Amaranth, Fenugreek, Berberis and Folic acid, Vitamins B6 and B12. **Normal cholesterol and triglyceride metabolism, circulatory system function.**

IMOpro COLOSTRUM Plus Bovine colostrum and Vitamins based food supplement **supporting immune system.**

IMOpro DETODRAIN plant based food supplement with **purifying, detoxifying and body liquid draining functions.**

IMOpro DONNA typed Probiotics, Inulin, Vitamin B6, Selenium and Bilberry based food supplement **supporting women's gastrointestinal and urogenital well-being.**

IMOpro ENTERO typed Probiotics, Inulin, FOS, Vitamin B2 and Mallow based food supplement **supporting gastrointestinal well-being.**

IMOpro 3MAGNESIA food supplement high in Magnesium, Zinc, Vitamin B6 and D3 aiding the **proper functioning of the nervous and muscular systems and energy metabolism helping reduce tiredness and fatigue.** With Inulin.

IMOpro NATURPHRASIA medical device for ophthalmic use based on distilled Bilberry, Hamamelis, Chamomile and Euphrasia water. With Hyaluronic Acid. Thanks to its qualitative-quantitative composition, **IMOpro NATURPHRASIA** is indicated to **moisturize, hydrate, lubricate, refresh and soothe various ocular discomforts.**



Via Firenze, 34 - I-20060 Treziano Rosa (MI) - Tel. 02 909313250
imo@imospa.it - www.imo-spa.com

www.imopronature.com

Help us to preserve the environment: dispose the packaging material as suggested on the box.