

# Food supplement. Omega 3 & 6, EPA & DHA, Krill, borage and hemp oil. Cardiac and brain function, cholesterol, cellular membranes, oxidative stress

## WHAT DOES IMOpro OMEGA Krill CONTAIN?

Ingredients: Glazing agents: Gelatin (fish), Glicerine (E422); Fish oil (EPA and DHA); Hempseed oil (Cannabis sativa L., virgin oil from seed); Krill oil (Euphausia superba) EPA and DHA (crustaceans); Devil's claw (Harpagophytum procumbens (Burch.) DC., root) titr. 2.5% harpagosides; Borage oil (Borago officinalis L., oil from seed) titr. 20% GLA; Thickener: White beeswax (E 901); Coenzyme 010; Vitamin E (D-alpha-tocopherol); Colour: Green Natural 3 (Sodium copper chlorophylline (E 141ii)).

## WHAT ARE THE PROPERTIES OF IMOpro OMEGA Krill?

IMOpro OMEGA Krill is a fish, borage and hemp oil food supplement, high in Omega 3, providing polyunsaturated fatty acids including vegetable Omega 6 (GLA) and Omega 3. EPA and DHA contribute to normal cardiac functions and DHA additionally to normal brain function maintenance. Linoleic acid (LA) contributes to the maintenance of normal blood cholesterol levels, while borage and hemp oils to the integrity and function of cell membranes, skin tropism and function as well as countering menstrual cycle ailments. Devil's claw helps digestive functions and together with borage and hemp oils, supports joint functions. Vitamin E contributes to the protection of cells against oxidative stress.

#### HOW SHOULD IMOpro OMEGA Krill BE TAKEN?

The recommended dose is 1-3 capsules daily, unless advised differently. To be taken with a little water at room temperature during meals.

### WHO IS IMOpro OMEGA Krill USEFUL FOR?

IMOpro OMEGA Krill, with its balanced and all round formula, is an invaluable support for anyone looking for a cardio-circulatory wellbeing supplement. It is also designed to help maintain normal blood cholesterol levels, preserve normal cerebral functions, maintain healthy skin structure and proper functioning, plus protect cells from oxidative stress. IMOpro OMEGA Krill is also an invaluable help in case of unpleasant menstrual cycle ailments, and digestive or articular dysfunctions.

## IS IMOpro OMEGA Krill WELL TOLERATED?

IIMOpro OMEGA Krill is well tolerated. Gluten-free and naturally lactose-free.

#### HOW CAN I STORE IMOpro OMEGA Krill?

Store in a cool (15°-25°C), dry place. Avoid exposure to localised heat sources, sunlight and contact with water.

#### WARNINGS

Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep the product out of the reach of young children. Do not exceed the stated recommended daily dose. The "Best Before End" date applies to the correctly stored and unopened product. The beneficial effect of EPA/DHA is obtained with a daily intake of 250 mg of EPA and DHA (3 capsules). The beneficial effect of Linoleic Acid is obtained with a daily intake of 10 g of LA. The beneficial effect of DHA is obtained with a daily intake of 250 mg of DHA.

## PROTECTIVE ALLIES FOR THE PROPER FUNCTIONING OF BIOLOGICAL STRUCTURES

Polyunsaturated fatty acids (PUFA) intake is essential for any balanced diet and should not be less than 5-10% of total daily calories. Depending on their chemical composition, there are two types of fatty acids, saturated and unsaturated ones. Unsaturated fatty acids have three sub-groups: Omega 3, 6 and 9. Omega 6 and 3 are both essential and Omega 3s are compounds belonging to the fatty acid group. Fatty acids, themselves, belong to the nutritional group of fats, also commonly known as lipids. Omega 9s on the other hand are not essential because the body is able to produce them from other fatty acids. Unsaturated fatty acids are also classified as mono- or poly-unsaturated. Essential fatty acids are polyunsaturated including the Omega 6 fatty acid linoleic acid and its derivatives, gamma-linolenic and arachidonic acids. Essential fatty acids play influential roles on our health's well-being by having beneficial effects on our immune system, cell signalling (the way cells communicate and interact with each other), mood, brain health, and decreasing inflammatory states. Our body requires linoleic acid in order to work properly. This essential fat can only be sourced externally from food since our bodies aren't able to synthesize it by themselves. It plays a vital role in helping our bodies perform the various proper functions - from hormone production to neuronal functioning, as well as helping maintain normal levels of cholesterol in the blood. Hemp oil can help maintain normal levels of cholesterol. Krill and borage oil help support tropism and the proper skin, joint and digestive functions plus counteract unpleasant menstrual cycle ailments.

#### Other IMOpro line products also available:

IMOpro BabyBioma® food supplement containing probiotics promoting intestinal flora balancing. Vitamin D3 contributes to immune system function. Inulin from chicory contributes to normal bowel function by increasing stool frequency

IMOpro CARTILAGO food supplement with Boswellia, Vitamin C, Manganese and Copper to support joint function. Antioxidant.

INOpro CHOLEOUIL® food supplement based on Amaranth. Fenugreek. Berberis and Folic acid. Vitamins B6 and B12 to support normal cholesterol and trialycerides metabolism, normal circulatory function.

IMOpro COLOSTRUM Plus Bovine colostrum and Vitamins based food supplement supporting immune system.

IMOpro DETODRAIN plant based food supplement with purifying, detoxifying and body liquid draining functions

IMOpro DONNA typed Probiotics, Inulin, Vitamin B6, Selenium and Bilberry based food supplement supporting women's gastrointestinal and urogenital well-being. IMOpro ENTERO typed Probiotics, Inulin, FOS, Vitamin B2 and Mallow based food supplement supporting gastrointestinal well-being.

IMOpro FERRUM Boost Iron food supplement with Lactoferrin, Vitamins and Minerals. Iron absorption. Cognitive function. Immune system. Energy metabolism. Tiredness and fatigue. Antioxidant.

IMOpro 3MAGNESIA food supplement high in Magnesium, Zinc, Vitamin B6 and D3 aiding the proper functioning of the nervous and muscular systems and energy metabolism helping reduce tiredness and fatigue. With Inulin. IMOpro GLYCEQUIL® food supplement based on Moradyn®, Gymnema, Zinc and Chromium. Maintenance of normal blood glucose levels and macronutrient metabolism.

IMOpro NATURPHRASIA medical device for ophthalmic use based on distilled Bilberry, Hamamelis, Chamomile and Euphrasia water. With Hyaluronic Acid. Thanks to its qualitative-quantitative composition, IMOpro NATURPHRASIA is indicated to moisturize, hydrate, lubricate, refresh and soothe various ocular discomforts.



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